

# breakfast

- BIG SHACK'S BREAKY** \$24  
Eggs your way, bacon, toast, sausage, tomato and mushroom
- THE BIG VEGAN** \$24  
Candied quinoa rosti, tofu scram, grilled asparagus, tomato and mushroom
- MUSHROOM BREAKY** \$24  
Sautéed mushroom mix, roasted pumpkin, poached eggs, rocket, garlic crumbs and truffle oil
- PALEO BREAKY** \$24  
Pumpkin and quinoa rosti, bacon slab, poached eggs, avocado and tomato
- PORK HASH BREAKY** \$22  
Pulled pork, sautéed potato, capsicum, onion, fried egg and herb hollandaise
- AVO FETA** \$22  
Toast topped with smashed avo, herb and lemon feta, grape tomato, poached egg and pine nuts
- BREAKFAST CATCH** \$19  
Smoked salmon, kale, poached eggs, radish, tomatoes and herb hollandaise
- EGGS BENEDICT** \$18  
Toasted roll, poached eggs, choice of bacon, smoked salmon or buttered greens topped with hollandaise sauce
- EGG'S ON TOAST** \$14  
Your choice, scrambled/poached/fried/tofu scram. Served on toast (create your own and add sides)
- TOASTED** \$8  
Sourdough, multi-seed, buckwheat and sorghum, fruit, (GF option \$9), served with preserves
- SWEET TOAST** \$10  
Banana bread, coconut bread.  
Served with preserves
- MUESLI** \$15  
Toasted muesli, fresh fruits and yoghurt
- PORRIDGE** \$15  
Spiced creamy oats, glazed pear, toasted almonds, maple and blueberries (GF available)

Ask about  
Gluten Free,  
Vegetarian,  
Vegan and  
Paleo options

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<b>WAFFLES</b> (gf available)	
Nutella sauce and vanilla cream	\$12
Banana, peanut butter ice cream and chocolate sauce	\$16
Poached pear, iced coconut cream, salted caramel and pecans	\$16

<b>PANCAKES</b> (gf available)	
Nutella sauce, vanilla cream	\$12
Banana, Nutella sauce and hazelnuts	\$16
Cultured butter, crispy bacon and maple	\$14
Maple, Lemon and cream	\$11

<b>SIDES</b>	
Baked beans, tomatoes, hash brown, egg	\$2
Hollandaise sauce, mushrooms, wilted greens	\$3
Avocado, asparagus	\$4
Smoked salmon, bacon, chipolatas	\$5

## Kids

<b>KIDS BREAKY</b>	\$10
Bacon, beans, egg – scrambled, poached or fried on toast	

<b>KIDS PANCAKES</b>	\$10
Pancakes, ice cream and maple syrup	

<b>KIDS TOASTIE</b>	\$7
Ham and cheese toastie	

<b>EGG ON TOAST</b>	\$7
Scrambled, poached or fried egg on toast	

## Smoothie Bowls

<b>ACAI</b>	\$15
Acai, blueberry, strawberry, banana and coconut milk blend topped with coconut granola and fruits	

<b>NOURISH</b>	\$15
Avocado, spinach, kale, kiwi, banana and coconut milk blend topped with rice puffs, pomegranate, seeds and nuts	

<b>PITAYA</b>	\$15
Dragon fruit, raspberry, strawberry, banana and coconut milk blend topped with toasted muesli and fruits	

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